Your Mental Health First Aider is

Child

Ms Pelling

Ms Ryan

Ms Elliot

Mr Butler

Ms King

There are plenty of different types of support out there, and an MHFAider® can help you access them.

MHFAiders are a point of contact if you, or someone you are concerned about, are experiencing poor mental health or emotional distress. They are not therapists or psychiatrists but they can give you initial support and signpost you to appropriate help if required.

If you have any questions about Mental Health First Aid at Orion Coopers please contact:

Child

- Ms Pelling
- Ms Ryan
- Ms Elliot
- Mr Butler
- Ms King

Orion Coopers

Association of Mental Health First Aiders